

KATARINA ROSÉN

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Profile:

Circus performer / actress / voice actress / singer / dancer / pedagogue / coach in Zen Coaching.

Training includes acting, voice work, physical theatre and dance, specialised as an aerialist in circus and as a singer. Also trained in Non Violent Communication, Zen Coaching, Co-Counseling and Wilderness Skills according to the model of Teaching Drum Outdoor School in Wisconsin, USA.

Main circus skills are chinese pole, corde lisse, aerial hoop and hair hanging. Other circus skills include aerial dance / bungee- and harness work, aerial and corean cradle, flying trapeze, static trapeze, doubles trapeze, aerial silks, partner acrobatics.

Qualifications:

- Sep '22 -Ongoing **“Acting through voice and speech”**, Uniarts, Stockholm.
- Sep'20 -Ongoing **“Nature Life”**, Wiks Folkhögskola, Uppsala. Wilderness skills and handicraft.
- Sep '20-May '21 **“The voice as an instrument for work”**, SMI, Stockholm.
- Sep '19 -May'20 **“Communal Sustainability”**, Stensunds Folkhögskola
- Nov'17 -Aug'21 **Zen Coaching Training** under Kåre Landfald. Contains coaching skills, Non Violent Communication, Mindfulness training and Zen teachings.
- Jan-May '17 **“Estill Technique”** Singing course **Högalids Folkhögskola**, Kalmar, Sweden.
- Jan-May '16 **“Voice use in popular music genres”**, SMI, Stockholm
- Sep '14-May '15 **Sång och Vokalgrupp**, Högalids Folkhögskola, Kalmar, Sweden singing/voice/choir education
- Sep '11-May '12 **Yrkesförberedande Musiker Utbildning, Royal College of Music / Botkyrka Kulturskola**, Stockholm. Music education with singing as main instrument.
- Sep '03-Aug '06 **National Centre of Circus Arts**, London, UK
- **BA Hons in Circus Arts** – aerials, acrobatics, trampoline, juggling, dance and theatre. Specialisation in aerial cradle (flyer).
- Aug '02-June '03 **Artistlinien, Akademiet For Utæmnet Kreativitet**, Copenhagen, Denmark Education in Circus Arts – aerials, acrobatics, trampoline, juggling, dance and theatre. Specialisation in acrobalance (flyer).
- Aug '99- May '00 **Teaterstudio 2, Kulturama**, Stockholm, Sweden Physical Theatre education based on the work of Jerzy Grotovskij. Including clown, mime, Comedia dell'Arte, voice training and ensemble music.

Performance Experience:

- 2016-Ongoing Clown, circus artist and pedagogue for **Clowns Without Borders**, shows in Sweden and internationally.
- May '15-May '22 **“Bland flyttfiskar och fågelstim”**, Scenkompani Mariposa, Norrtälje, Sweden. Acting / singing / aerial acrobatics, chinese pole. Director Helena Lambert.
- Nov1996-April '22 **Santaworld**, Mora, Sweden. Actress /singer / aerial acrobat / activityleader. Extensive multiple character work, children's theatre and musicals, puppetry, leading activities for visitors in swedish, english and french.

Coordinator for Santa Express '99-'00.

- March '19-March '20 **“Sillgrisslan” & “På Ön” & “URK”**, Långsjö Teater in Gnesta & Stockholm, Sweden. Acting, corde lisse, hair hanging, story telling, playing harp and singing. Director Magdolna Winnerstam.
- June '18, June '19 **“Vandringsteater 1800-tal”**, Torekällberget in Södertälje, Sweden. Acting, dancing and singing. Director Annika Lykta.
- May – Nov '18 **Inniblå Kastell Company**, shows and workshops in Värmland, Sweden. Acting / aerial acrobatics/ singing/ dancing. Concepts by the company, outside eye by circus theatre director Daniel Gulko from Cahin Caha Company, France.
- May '15 - July '18 Various **Performance installations** i e at outdoors exhibition **Rånässalongen**, at the international drawing biennale **Drawing The Line / Gränsland teckning, Arts In The River** in Norrtälje and **Norrtälje Arts Gallery**.
- July-Aug '17 **“Fiska Haj!”**, Scenkompani Mariposa, Roslagen tour, Sweden. Outdoors family show with aerial acrobatics, dance, theatre, music. Director Helena Lambert.
- July-Aug '17 **“Antroposcene”** by Helena Lambert, performance installations for Norrtälje Arts Gallery and the outdoors exhibition “Arts In The River”.
- June '17 **“Variété MO”**, Teater MO, variety show, tour in Roslagen, Sweden. Chinese pole, aerial hoop, clowning, singing.
- Sep-Dec '16 Dramatised showings of the **Museum of Nordström** for grade 3 as part of the “Creative Shool” program.
- May '16 **“Bathing Fun”** at Växjö Vårstad, aerial outdoors show. Acting / static cloudswing and doubles aerial hoop together with Sara Jane Göthlin.
- Okt '13-April '14 Various one-off events for Swedish agencies (stiltwalking, clowning, publicity photoshoots...)
- April-Sep '13 **“Plumes Attack”**, Les Studios de Cirque, touring in France. Corean cradle (flyer) and chinese pole.
- Oct-Dec '12 **“Leviathan”**, Living Structures, Madrid. Chinese pole, corde lisse, singing and acting. Director Klaus Kruse, choreographer Janina Rajakangas.
- August '12 Aerial hoop in christmas publicity for television for Åhléns, Stockholm, Sweden.
- Summer '12 **“On Hold”**, RnD project together with Bruno Andersen (musician). Work-in-progress showed at Festival Cirk-UFF, Trutnov, Czech Republic and Sirkuslandsbyen in Sarpsborg, Norway. Outside eyes: Filippa Rinman (Cirkus Cirkör) and Julien Auger (Compagnie La Meute).
- Aug '11 **“Bodies in urban spaces”**, Copenhagen. Street performance/installation choreographed by Willi Dorner.
- Sep-Oct '10 **“Monteverdi's Flying Circus”**, Armonico Consort, UK tour. Actress/ Chinese pole/ corde lisse artist playing the part of Caronte/Death in an opera about Monteverdi. Director Anna Tolputt, movement director Angela Gasparetto.
- Feb '10 **“The Maids”**, London. Acting / doubles trapeze / rope artist in a Research-and-Development project directed by Meline Danielewicz, exploring text and different kinds of aerial equipment/disciplines together with video projections.
- May-Oct '09 Circusartist and actress/singer at events arranged by PS Communications and Eventpersonal, Stockholm, Sweden.
- Sep-Nov 08' **“Katabasis – Best of hell”**, Theatre Slava, Stockholm. Dramatic song, physical theatre and dance, show based on the Sumerian myth about Inanna. Choreographer Linda Forsman.
- June '08 **“Cabarave”**, Bassline Circus at Glastonbury Festival. Performing cradle.
- May '08 **“Rockabaret”**, Cobden Club, London. Performing cradle.
- Apr-Dec '07 **“ImMortal”** international tour with NoFit State Circus. Director Firenza Guidi. Performing cradle, corde lisse, bungee, fire hula-hoop, acting and singing. Taking

part in the practical work that is part of a tented life on tour such as tent up/down, get-in/out and site duties.

- Dec '06 **"The Prince and the Pauper"**, New Year's Eve Ball by Lost Vagueness. London. Performing cradle.
- Nov '06 **Circo Rum Ba Ba** Christmas lights switch on at Belfry Shopping Centre, Redhill. Performing acrobalance.
- Nov '06 **"Heyy Baby"**, Bollywood film, Mumbai, India. Dancer.
- Oct '06 **"Jhoom Barabar Jhoom"**, Bollywood film, Mumbai, India. Aerialist (hoop and silks).
- Oct '06 **Circus Futures** circus conference, Bristol. Performing cradle in the circus arts showcase, producer Billy Alwen.
- Sep '06 **"Zoetrope"** by Kinematic, The Rose Theatre, Sidcup. Performing aerial hoop, harness work and acting. Choreographer Aidan Treays. Designer/ director Andy Sinclair-Harris.
- Aug '06 **"Kettle of fish"**, Crawley Circus Festival. Performing cradle. Producer Charlie Holland.
- June '06 **"Circleight"**, Spitalfields Market, London. Performing aerial hoop and singing. Director Clare Whistler, music by Laka D.
- '00-'01, '02-'06 Physical theatre and circus performances within the studies. Ensemble work and solo pieces.
- June '03 **Roskilde Rock Festival**, Denmark. Acrobalance cabaret act.
- July '03 **"Cirkus Grand Prix"**, Copenhagen. Performing acrobalance. Directors AnneSophie Bergmann Steen and Stine Pilmark.
- Jan-May '02 **"Andetag"** with the theatre company Inspiro, Stockholm. Actress in a physical theatre- and dance show, director Malin Edlund.
- Aug '01 **"Mälden mellan stenarna"**, Stockholm. Singer in a show fusing dramatic song and dance. Director Jennie Fredblad.
- July '01-Oct '01 **Corporate events and conferences**, Stockholm. Singer in an ensemble working with dramatic song and movement. Artistic leader Kefas Berlin.
- Feb-Apr '01 **"Three Sisters"**, Stockholm. Actress in a theatre piece written and directed by Shannon Lynch.
- May-Dec '00 **"En-Sam"** by Teater Apa, Stockholm. Co-founder of the company. Actress in the physical theatre family-show devised by the company.

Other Relevant Skills, Work and Training

• Teaching:

Circus teacher for Cirkus Cirkör, Stockholm. Jan '11- ongoing.

"Dancing - Learning" with Scenkompani Mariposa. Aesthetical learning processes; Mathematics and other school subjects through circus and dance. Östhammar and Stockholm. Feb '16-ongoing

"Breaking points / Telling Pictures" physically creative photo/film workshops for 15-year olds exploring new perspectives on local surroundings, resulting in yearly exhibitions in Norrtälje Arts Hall and in public spaces in Norrtälje. 2018-2020

Workshops within the swedish Creative School Program for Långsjö Theatre in music and theatre, for 6-9 year olds and 12-15 year olds. 2020.

Circus teacher for Cirkus Normal, Stockholm. June '10, Jan '11-August 2014.

Circus teacher for Värmdö Scenskola, Stockholm. Jan-June '10, '11.

Circus teacher for Kulturskolan, Stockholm. Nov '09-June '10.

Teaching in the workshop program for school children "Courageous Children" with Theatre Slava, Stockholm, Oct '08.

Circus teacher at corporate events and circus skills introduction days at The Circus Space, London, '08-'11.

Circus teacher at the Acting Studio, Roundhouse Studios, London Mar-Apr '08.

Working at the Montessori kindergarden "Nyponet" in Stockholm '98-'99.

Figure skating teacher for children, Orsa KK '94-'95

- **Working at height:** Working at height for the entertainment industry, course with certificate led by Chris Higgs from Total Training, London Dec '06. Rigging of own aerial equipment since Aug '06.
- **Dance:** Extensive dance training both as a hobby and as part of circus educations. Contemporary dance, ballet, african dance, break dance, lindy hop, swedish folk dance, butoh and more.
- **Music and singing:** In choirs since the age of 9, individual lessons and master classes, longer courses and educations, actors vocal training. Founder of AmNorKoeur, a French/Swedish vocal trio active from 2012-2017 in Sweden and France. "The Works" at the English National Opera led by Laka D, London '04-'05. Part time studies in music theory and song at Kulturama, Stockholm, '98. Percussionist in an African dance troupe, Mora '95-'97. St Mikael's Samba Orchestra, Mora '96-'97. Playing celtic harp, saxophone and flute on basic levels.
- **Figure Skating:** Orsa KK '93-'95
- **Other:** Runner-up Price for the project Split Vision, Deutsche bank Pyramid Awards For Circus, London '06.
- **Languages:** Native Swedish, fluent English and French, good Danish, basic Spanish.
- **Drivers License B**

References:

Camilla Collett - artistic leader, director, script writer and owner at Santaworld in Mora.

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Annika Lykta – director, actor, script writer, singer and musician at Långsjö Teater and Torekällberget.

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